



2010

Junior Sailing Handbook

Duxbury Bay Maritime School

The mission of the Duxbury Bay Maritime School is to connect people of all ages, abilities, and means to Duxbury Bay through educational and recreational programs that stimulate individual growth and an enduring love and appreciation of the sea.

What to Wear & Bring to Class

- Students **MUST** have a Coast Guard approved Type III lifejacket.
- Students **MUST** wear closed toed shoes at all times - No shoes no sail. DBMS highly recommends students wear sailing shoes or boots.
- Dress appropriately for the conditions. DBMS highly recommends *nothing cotton*: wicking dryshirts and/or foul weather attire are suggested.
- SPF 30 or higher sunscreen, sun glasses & hat.
- Water bottle (easy open/sports bottle type). No glass bottles.
- Towel.
- Whistle
- Clean, dry change of clothes.
- Backpack/bag to store gear.
- Please label all personal items.
- Leave all valuable items at home.
- DBMS is not responsible for loss or damage to the

Junior Sailing Program Guidelines

- Arrive prepared and on time for class - Students who arrive late to class may not be able to participate that day.
- Stay with your class until dismissed by your instructor.
- Life jackets must be worn at all times while on the docks and on the water.
- Swimming and jumping off docks is not allowed. Repeat offenders may be suspended.
- Notify DBMS at 781 934-7555 if you are not able to attend class on a given day.
- All students are expected to be cooperative, supportive, and respectful of other people and property at all times.
- DBMS is not responsible for loss or damage to the personal property of its students.
- Students are responsible for reporting worn or broken parts as well as damage done to DBMS property, boats, and equipment or the property of another student.
- Use of tobacco, alcohol or controlled substances on the DBMS campus is expressly forbidden.



Parking and Traffic

Please follow these directions when entering and exiting from the DBMS campus.

- Enter and exit only from Washington Street.
- If traffic is backed up onto Washington St. please return in five minutes so that local businesses are not affected by the traffic.
- Traffic flows one-way in a counter-clockwise direction.
- Students may enter and exit cars **only** within the designated drop-off area.
- Pull as far forward towards the exit as possible.
- Follow the directions of the DBMS staff directing traffic.
- If you need to park for a short length of time, please use the designated visitor-parking area to the right of the administrative office.
- **Please do not leave your car parked in the drop off/pick up lanes.**